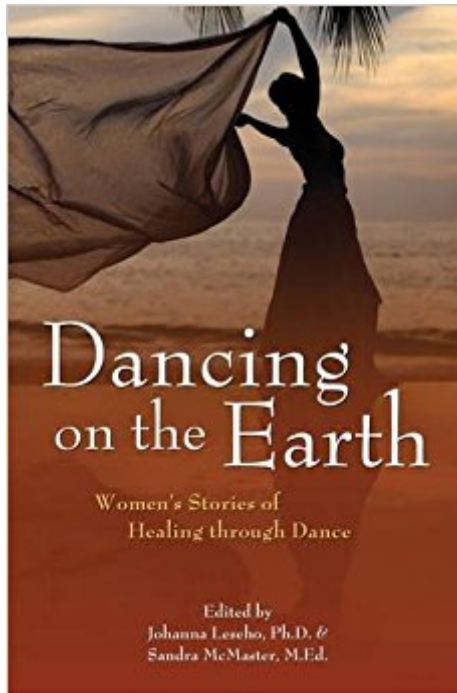




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Dancing On The Earth: Women's Stories Of Healing And Dance



Synopsis

The essays in this dynamic compilation are a testament to dance as a healing art. Widely interdisciplinary in nature and written by women dancers from around the world, they illustrate a rich array of dance practices, cultures, and disciplines and show how this expressive therapy can be both empowering and exhilarating. The women's narratives all share a deep appreciation for the connection between mental, spiritual, and physical dimensions, offering dance as a transformative power of renewing and rebuilding that bond. Both personal and professional, the stories weave a vivid tapestry of lived experiences and insights, balance, and a community healed by dance.

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Customer Reviews

"It is refreshing to read academic yet enjoyable experience-ed practice of dance as a sacred, healing process . . . should be a required textbook for all dance movement therapy courses." —Kedzie Penfield, psychotherapist, movement analyst, educator
"A fascinating look into . . . the process of attaining some link to a spiritual source within various experiences of dance . . . inspiring to read . . . invites me to deepen my own participation in these discoveries. Impressive." —Gary K. Bates, dancer, choreographer, educator
"A testament to dance as a healing art. . . . Both personal and professional, the stories weave a vivid tapestry of lived experiences and insights, balance, and a community healed by dance." —New Consciousness Review (August 2011)

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Lovely book with good mix of different perspectives on dance, healing, and spirituality. I would recommend it for anyone interested.

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